



WESTERN SYDNEY  
WANDERERS FC

# MENTORING

## GOAL-SETTING

DEVELOPING A STRATEGY FOR SUCCESS

GOAL	PHASE 1	PHASE 2	PHASE 3
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GOAL TYPE:

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GOAL TYPE:

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CREATE NEW GOALS AS PREVIOUS GOALS ARE COMPLETED

MENTEE COMMENTS

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MENTOR COMMENTS

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TYPE OF GOAL			PHASE PROGRESS			THE PHASE APPROACH		
Habit-Forming (4-8 weeks)	Reach (3-12 months)	Stretch (2-5 years)	In Progress	Stuck	Completed	PHASE 1 Easily attainable; just get started (20%)	PHASE 2 The real action phase (50%)	PHASE 3 Heading towards the finish line (30%)

EACH PHASE SHOULD BE SPECIFIC MEASURABLE ATTAINABLE RELEVANT TIME-BOUND